# ADOPTING THE 2002 RECOMMENDED ENERGY AND NUTRIENT INTAKES AS THE NEW DIETARY STANDARD

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The 1989 Philippine Recommended Dietary Allowances (RDA) was reviewed by the committee led by the Food and Nutrition Research Institute - Department of Science and Technology, the government's arm in nutrition research. Now termed as RENI or Recommended Energy and Nutrient Intakes, this revised standard was introduced to the public in 2002.

RENI is defined as "levels of intakes of energy and nutrients which, on the basis of current scientific knowledge, are considered adequate for the maintenance of health and well being or nearly all healthy persons in population." The Bureau of Food and Drugs uses this new standard as a reference in nutrition labeling of food products, planning food fortification program, nutrition advocacy, and formulating laws, among others.

In line with this recent change, RENI will be used in place of RDA as previously utilized in Administrative Order No. 4-A, s. 1995 Guidelines on Micronutrient Fortification of Processed Foods.

All administrative orders, rules and regulations and other issuances using the term RDA are hereby superceded by this revised.

This Bureau Circular shall take effect immediately.

Adopted: 9 Aug. 2005

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